

## What does Jesus say about anger? Connect Group Questions

To get started...

What are some things that low-key get you angry?

This week we looked at 'what does Jesus say about anger?'

- Would you say that you're a person who gets angry often? What things make you angry
- Why do you think anger is a difficult thing to talk about?
- Why do we sometimes think to be angry is wrong?

Read John 2:13-17 together

- Does it surprise you how angry Jesus got here and how he responded? Why?
- Andy talked about Jesus having righteous anger, what are some of the things that give you righteous anger?

The main point of Sunday was:

'Righteous anger should create movement and change, but never an explosion'

- Why is it so hard to not explode even when we're filled with righteous anger?
- How do you determine the difference between righteous anger and anger?
- Are there some personal examples where righteous anger has created movement and change in your own life?
- What are some of the ways we can respond to righteous anger?
- Are there some things that we get angry about that is just about our preferences rather than God's purposes? What are those things?

Close by reading Matthew 5:22-26 together

- Are there any of the group who are harbouring anger towards another person that they need to let go of?

Pray for each other in 2 ways:

- Are there things that we're angry about that God wants us to just let go of?
- Are there things that God wants us to be angry about that we're just ambivalent to?